



FHERF PRESENTS HANDS-ON

Basic Lactation Workshop

Lactation is the production and secretion of milk by the mammary glands. Fernandez Hospital is conducting a **Lactation Workshop** to enhance the knowledge of nurses, midwives and doctors about Lactation. To teach all expectant mothers how to successfully breastfeed and sustain it up to 2 years or more. To train all staff who come in contact with mothers and infants to promote, protect and support breastfeeding. To heighten community awareness of the importance of breastfeeding.

ZOOM SESSIONS (Preceeding week)


- **22 July 2026 | Wednesday | 3PM - 4PM**
- Importance of breastfeeding and Anatomy and physiology of breastfeeding
- Milk bank functioning, expression and storage of breastmilk

- **23 July 2026 | Thursday | 3PM - 4PM:**
- Baby Friendly Hospital Initiative, IMS act, Hospital practices in breastfeeding
- Sustenance of exclusive breastfeeding and Myths about breastfeeding


CANCELLATION & REFUND POLICY

- No refunds or cancellations will be accepted



 **24 & 25 JULY 2026**

 **8 AM - 5 PM**

 **CONFERENCE HALL,
DR L J FERNANDEZ BLOCK,
BOGULKUNTA, HYDERABAD**

REGISTRATION FEES

Nurses/Midwives

₹ 1500

For two days

Doctors

₹ 2500

Limited to the first 30 participants only

HURRY, RESERVE YOUR SEAT, TODAY!

https://bit.ly/Lactation_July26



**Fernandez Hospital
Educational & Research
Foundation**



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