

Fernandez Hospital Educational and Research Foundation invites you to an immersive, HANDS-ON workshop on

Optimal Birthing Positions

Transform Birth Outcomes through Movement and Positioning

WHY THIS WORKSHOP MATTERS

Modern obstetric care is evolving and so should the way we support women in labour.

This workshop is designed to help you bridge the gap between evidence and practice, empowering you to use movement and positioning to improve labour outcomes.

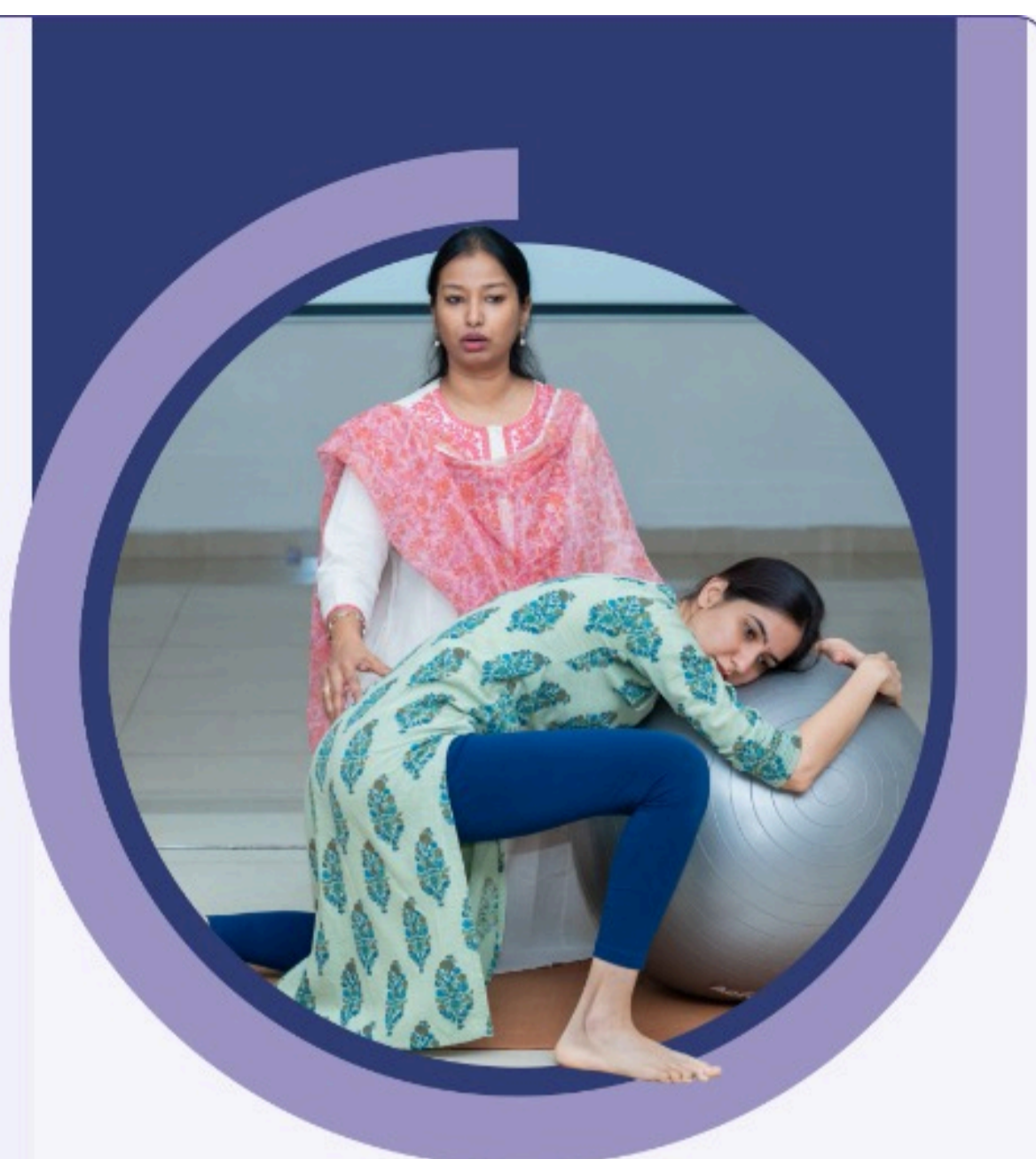
Through a unique blend of clinical insight and hands-on training, you will learn how to actively support labour physiology, optimise fetal positioning, and enhance maternal comfort.

WHAT YOU'LL GAIN

- A deeper understanding of the mechanics of labour and fetal movement
- Practical skills in using upright positions and movement effectively
- Hands-on training in pelvic biomechanics, mobility, and positioning techniques
- Confidence in managing complex scenarios like OP positions and asynclitism
- Evidence-based use of birthing tools to support labour progression
- Real-world application through interactive clinical scenarios

TEAM REGISTRATION REQUIRED

- 1 doctor + 1 nurse or midwife from the same centre




WHO SHOULD ATTEND

Designed for doctors, nurses, and midwives committed to improving labour care and outcomes through evidence-based, woman-centred practices.

 26 APRIL 2026

 9.00 AM - 4.00 PM

 Auditorium, 2nd Floor,
Fernandez School of Nursing,
Banjara Hills, Hyderabad

REGISTRATION FEES

Doctors	Nurses/Midwives
₹ 5,000	₹ 2,500

Limited to **FIRST 15** sets of participants only

**HURRY, REGISTER NOW!
CLICK THE LINK.**

<https://rzp.io/rzp/26K6mKs>



**Fernandez Hospital
Educational & Research
Foundation**



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